

Equipment Notes

Here is some basic information regarding some of the items that may be required.

- Sleeping Bags - Synthetic filled bags are easier to clean than natural filling. Zips can be a source of cold if no baffle is fitted. Don't fold the sleeping bag to get it into the bag, stuff it in that's why the bag is called a stuff sack.
- Footwear - Boots give a better ankle support and normally have better soles than shoes if you are hiking. But if your child is not use to them the extra weight can tire them out.
- Warm Wear - A number of layers is warmer than one thick one and the warmth can be regulated more easily - do not forget your hands and head.
- Torch - Do not pack the torch with batteries fitted (or at the bottom of your kit) as it could easily get accidentally turned on and you will arrive at the camp/sleep over with flat batteries.
- Jeans, trousers or jackets, are not good as once wet they hold the water and do not dry easily this means the wearer gets cold.
- Fleecy clothing is good for cold, wet weather as it dries easily and holds the heat better when wet.

Discipline

Parents need to be aware that on occasion we have a need to take action to ensure the enjoyment of the majority of those in camp. If a child will not behave sensibly and take instruction they are not only an annoyance to others but can also be a danger to others.

Camp leaders are empowered to use one or more of the following strategies:

- Phone parents and ask them to speak to their child.
- Phone parents and ask them to collect their child from site immediately.
- Stop a child attending one or more future events.
- Ask a parent to remove the child from the Scout Group permanently.



Preparing for Camps and Sleep Over's

A parents guide.

This short guide has been compiled to help parents prepare their children for camps and sleep overs.

The following are a few things you can do to help your child whilst they are away:

1. Always get your child to help pack their own kit. It is important that they are able to recognise the things in their bag and are aware what has been packed.
2. Always ensure that the leader is aware of any medical or educational problems. We are an inclusive Group and will not stop your child coming away with us but we must know, if for example they are prone to bed wetting, or crying at night, or receiving extra tuition at school. Knowing these things helps leaders to tailor activities etc. to suit the children present.
3. Teach your child how to wash and the importance of keeping themselves clean.
4. Never, **ever**, send more than the recommended pocket money. If your child has more money than another it is not fair and causes leaders untold problems.
5. Try and persuade your child (Beavers and Cubs) to let a leader keep their pocket money in safe keeping. It is a sad fact of life that socks and pants get lost but pocket money is always stolen!
6. Do not send any clothes that you are not prepared to throw away afterwards!
7. Definitely no electronic games or mobile phones please.
8. Sending large quantities of sweets is not a good idea. Leaders try and ensure that children are getting a balanced diet and are eating. This is very difficult when they are stuffing themselves on Mars Bars behind our backs.
9. Teach them how to wash up! Strangely knowing how to load and unload a dishwasher is no use in the middle of a field!
10. Beavers and Cubs should **never** have knives with them. Scouts are permitted small pocket knives provided they are kept in the kit bag and leaders are told about them. We actively teach Scouts how to safely use knives as a tool, not as a weapon.

Sample Kit List

Complete Uniform (to be worn)
Group T-Shirt
Pillow
Pyjamas
Warm Sweaters or Sweatshirts
Shorts and or Trousers
Socks
Training Shoes
Towel(s)
Torch and Batteries (with spare bulbs)
Polythene Bags to Separate Clean/Dirty Items
Rucksack/Kit Bag(s).
Sleeping Bag
Camp fire blanket (if you have one)
Waterproof Outer Garment
T-shirts or Similar
Underclothes
Hike Boots or Strong Shoes, suitable for walking in, and/or Wellies
Personal Wash Kit inc flannel, soap, tooth brush and paste
Swimming Trunks & Towel
Personal First Aid Kit
Hankies
Small Game(s)/Book(s)/Cuddly Friend

Notes

1. We would ask that your Son/Daughter travel to and from Camps and Sleep Overs in uniform.
2. Black bin bags are not suitable for bedding rolls as they tear very easily, with the result that the contents get lost or soiled in transit.
3. Please place wash proof name labels in all clothing, which should have your child's name on.
4. Please label other items with either indelible ink and/or engraving as appropriate, with your child's name. Blobs of coloured nail varnish is not good. Lots of mums have the same colour nails!